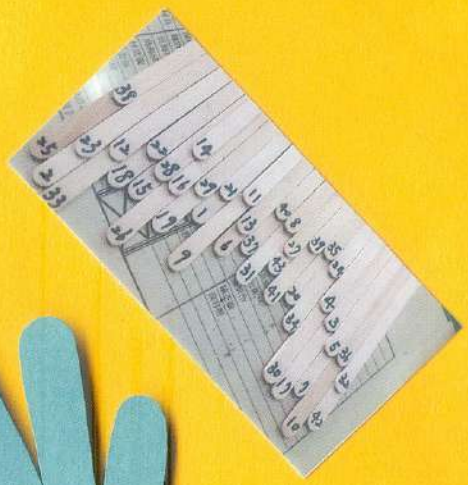

歡學 黃鼎銘

認真面對每個當下